One person can make a difference.



What is a concern?

Anything that gets in the way of patient care, or that affects your working life.

That could be something which doesn't feel right, for example a way of working or a process which isn't being followed, or behaviours of others which you feel is having an impact on the well-being of you, the people you work with, or patients.

Don't let others suffer for your silence.

You have the freedom to speak out!



Why is speaking up important in the NHS?

Speaking up is not just important, it is vital, as it supports us to improve our services for patients and the working environment for our colleagues. No-one understands how our services work or how it feels to be a colleague here at Barnsley like our people working in our services do.

The Francis Report recommends that:

Reporting of incidents of concern relevant to patient safety, compliance with fundamental standards or some higher requirement of the employer needs to be not only encouraged but insisted upon.



National

Please follow the **Raising Concerns Policy** and raise a concern initially with your manager. If you feel unable to or you have raised it but feel it hasn't been dealt with effectively then contact the:

Freedom to speak up Guardian

bdg-tr.freedom to speak up@nhs.net

Your FTSU team comes from a large range of areas and roles and can be found at:

http://intranet.bdgh-tr.trent.nhs.uk/teams/other/freedom-speak-guardian/





Who can speak up?

Anyone can! If you're a Student, Contractor,
Volunteer, anyone employed by both
Barnsley Hospital NHS Foundation Trust and
Barnsley Facility Services.

Equality & Diversity

Contact Equality, Diversity and Inclusion Lead or Champions. Follow the pathway.

Suspicions of Fraud

Contact local Counter Fraud Specialst.

What is the nature of the concern?

Bullying & Harrassment

Follow the Bulling & Harrassment (Dignity at Work) Policy.

Grievance

Follow the Grievance Policy.

Suspicion of Crime

Contact local Securirty Management Specialist. lisacorbridge@nhs.net

Non-adherance to trust Values & **Behaviours**

Contact your Line Manager.

Our Values & Behaviours



Respect

Treat people how we would like to be treated ourselves.

Behaviours...

Respect, courtesy, professionalism.

Kindness, compassion and dignity.

Clear, honest and responsible communication.

We recognise and value everyone's skills, and thank people for their contributions.

We ask permission before acting, and protect people's privacy and dignity. We celebrate success.

Team Work

We work together to provide the best quality care.

Behaviours...

Share the same goal.

Treat people fairly and equally.

Share and develop together.

What we don't like

to see...

Dismissive or undermining

behaviour which

excludes people. Setting

unrealistic goals.

Not appreciating or valuing

people's input, and blaming

and criticising others. Not

applying policies fairly.

Being disrespectful,

humiliating others and not

offering space or privacy.

Diversity

We focus on your individual and diverse needs.

Behaviours...

Personalise care.

Involve you in decisions.

Listen to you.

What we like to see...

We take the time to listen to people's questions, ideas and opinions and respond to these. We have individual and team objectives.

What we like to see...

We share information, keep people informed and clearly explain to help people understand. We are considerate and attentive to people's needs.

We are accountable and treat everyone fairly and consistently. We respect everyone's contribution.

We are open and honest, involve people and seek out and offer constructive feedback to others. We build effective relationships.

What we don't like to see...

Not explaining or sharing information, leaving people not knowing what's happening next or the reasons why.

Being unfair, inconsistent and talking and acting inappropriately.

Making assumptions, jumping to conclusions. Avoiding or ignoring giving and receiving feedback.

What we don't like

No eye contact, no introductions, ignoring people and making people feel uncomfortable. Staff using mobile phones within patient areas for personal reasons.

to see...

Rude, abrupt, shouting and aggressive behaviours. Taking part in, or condoning bullying behaviours.

Leaving people feeling anxious, excluding people, bluntness, belittling or rudeness. Emails that are impolite, don't have a clear message, or are written in a way that could potentially offend or be misunderstood.

For further information about the OHS please contact:

Email: Bhnft.occupationalhealth@nhs.net Telephone: 01226 434939 Opening hours: 08:30 - 16:30, Monday - Friday Out of hours - Answer machine service is available

Address:

Occupational Health Service **Barnsley Hospital NHS Foundation Trust** Block 9, Gawber Rd, Barnsley S75 2EP



are role models of appropriate attitudes and behaviours.

We are caring and compassionate, show empathy and understanding and treat others as we'd like to be treated. We respect people's dignity and display a high level of integrity.

We are patient, calm and reassuring, and offer advice and encouragement when others need help. We avoid jargon and terminology.

We are professional and courteous in our email exchanges. We will ensure our emails convey a clear message.



Don't let others suffer for your silence.

You have the freedom to speak out!



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