

Breast cancer

Know your symptoms



- A lump or area of thickened tissue in either breast that was not there before
- A change in the size or shape of one or both breasts
- Bloodstained discharge from either of your nipples
- A lump or swelling in either of your armpits
- Dimpling on the skin of your breasts
- A rash on or around your nipple
- A change in the appearance of your nipple, such as becoming sunken into your breast

Most breast lumps (90%) aren't cancerous, but it's always best to have them checked by your doctor

Source: NHS Choices 2018

You should see your GP if you notice any of these symptoms

 #becancersafe
 www.facebook.com/groups/BeCancerSafe

Developed by South Yorkshire, Bassetlaw and North Derbyshire Cancer Alliance

 **CANCER**
SAFE

Screening, Awareness, Fast, Early