

The Supper MENU

Monday 1

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|---|---|---|
| 1 | <input type="checkbox"/> Homemade Yellow Split Pea Soup | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Seafood Pasta with Dill | <input checked="" type="checkbox"/> S |
| 4 | <input type="checkbox"/> Cumberland Pie | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S |
| 5 | <input type="checkbox"/> Lentil & Vegetable Casserole | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |

JACKET POTATOES

- | | | |
|---|---|---|
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> V |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> V |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> V |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|-------------------------------------|--|
| 10 | <input type="checkbox"/> Egg Salad | <input checked="" type="checkbox"/> V |
| 11 | <input type="checkbox"/> Tuna Salad | |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> V |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> V |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> S |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> S |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--------------------------------|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 24 | <input type="checkbox"/> - | |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Mashed Potato | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 26 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> V |

VEGETABLES Please choose one item

- | | | |
|----|--------------------------------------|---|
| 27 | <input type="checkbox"/> Garden Peas | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> V |

DESSERTS Please choose one item

- | | | |
|----|---|---|
| 29 | <input type="checkbox"/> Dutch Apple Cake | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 30 | <input type="checkbox"/> Apple Fool | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 31 | <input type="checkbox"/> Stewed Apricots in Natural Juice | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 33 | <input type="checkbox"/> Fresh Fruit - Pear | <input checked="" type="checkbox"/> V |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|---|--|
| 35 | <input type="checkbox"/> C: Puree Lamb & Gravy with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Cheesy Potato Pie & Veg | <input checked="" type="checkbox"/> V |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> S |

Your name

Your ward

Room

The Supper MENU

Tuesday 2

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|---|--|---|
| 1 | <input type="checkbox"/> Homemade Creamy Mushroom Soup | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Pork Casserole | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 4 | <input type="checkbox"/> Bacon Cheese & Potato Pie | |
| 5 | <input type="checkbox"/> Vegetarian Cottage Pie | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

JACKET POTATOES

- | | | |
|---|---|---|
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|--|---|
| 10 | <input type="checkbox"/> Salmon Salad | <input checked="" type="checkbox"/> |
| 11 | <input type="checkbox"/> Grated Cheese Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--------------------------------|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 24 | <input type="checkbox"/> - | |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 26 | <input type="checkbox"/> Mashed Potato | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

VEGETABLES Please choose one item

- | | | |
|----|---|---|
| 27 | <input type="checkbox"/> Mixed Vegetables | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

DESSERTS Please choose one item

- | | | |
|----|---|---|
| 29 | <input type="checkbox"/> Carrot Cake | <input checked="" type="checkbox"/> |
| 30 | <input type="checkbox"/> Fruit Yoghurt | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 31 | <input type="checkbox"/> Cheese & Biscuits | <input checked="" type="checkbox"/> |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 33 | <input type="checkbox"/> Fresh Fruit - Banana | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|---|-------------------------------------|
| 35 | <input type="checkbox"/> C: Puree Shepherds Pie with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Mediterranean Vegetable Pasta | <input checked="" type="checkbox"/> |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> |

Your name

Your ward

Room

The Supper MENU

Wednesday 3

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|---|---|---|
| 1 | <input type="checkbox"/> Homemade Lentil Soup | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Fishcake | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 4 | <input type="checkbox"/> Turkey & Sweetcorn Risotto | <input checked="" type="checkbox"/> |
| 5 | <input type="checkbox"/> Vegetable Stew & Basil Dumplings | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

JACKET POTATOES

- | | | |
|---|---|---|
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|---|-------------------------------------|
| 10 | <input type="checkbox"/> Corned Beef Salad | <input checked="" type="checkbox"/> |
| 11 | <input type="checkbox"/> Cottage Cheese & Pineapple Salad | <input checked="" type="checkbox"/> |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 24 | <input type="checkbox"/> Parsley Sauce | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 26 | <input type="checkbox"/> Mashed Potato | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

VEGETABLES Please choose one item

- | | | |
|----|--------------------------------------|---|
| 27 | <input type="checkbox"/> Garden Peas | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

DESSERTS Please choose one item

- | | | |
|----|--|---|
| 29 | <input type="checkbox"/> Ginger Cake | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 30 | <input type="checkbox"/> Fresh Fruit - Apple | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 31 | <input type="checkbox"/> Cheese & Biscuits | <input checked="" type="checkbox"/> |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 33 | <input type="checkbox"/> - | |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|---|-------------------------------------|
| 35 | <input type="checkbox"/> C: Puree Salmon Supreme with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Broccoli & Cauliflower Bake with Potatoes & | <input checked="" type="checkbox"/> |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> |

Your name

Your ward

Room

The Supper MENU

Thursday 4

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|------------------------|---|---|
| 1 | <input type="checkbox"/> Homemade Leek & Potato Soup | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Shepherds Pie | <input checked="" type="checkbox"/> |
| 4 | <input type="checkbox"/> Quiche Lorraine | <input checked="" type="checkbox"/> |
| 5 | <input type="checkbox"/> Lentil & Vegetable Hot Pot | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| JACKET POTATOES | | |
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|---|-------------------------------------|
| 10 | <input type="checkbox"/> Tuna Salad | |
| 11 | <input type="checkbox"/> Cottage Cheese Salad | <input checked="" type="checkbox"/> |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--------------------------------|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 24 | <input type="checkbox"/> - | |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Mashed Potato | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 26 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

VEGETABLES Please choose one item

- | | | |
|----|--------------------------------------|---|
| 27 | <input type="checkbox"/> Cauliflower | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

DESSERTS Please choose one item

- | | | |
|----|---|---|
| 29 | <input type="checkbox"/> Fruit Trifle | <input checked="" type="checkbox"/> |
| 30 | <input type="checkbox"/> Pineapple Fool | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 31 | <input type="checkbox"/> Fresh Fruit - Orange | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 33 | <input type="checkbox"/> - | |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|--|-------------------------------------|
| 35 | <input type="checkbox"/> C: Puree Pork & Apple Casserole with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Veg & Bean Cottage Pie with Potatoes & Veg | <input checked="" type="checkbox"/> |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> |

Your name

Your ward

Room

The Supper MENU

Friday 5

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- 1 Homemade Carrot & Coriander Soup **S** **V**
- 2 -
- 3 Chicken Korma **S**
- 4 Vegetable & Lentil Korma **S** **V**
- 5 Braised Liver & Onions **S**

JACKET POTATOES

- 6 Jacket Potato & Baked Beans **V**
- 7 Jacket Potato & Cheese **V**
- 8 Jacket Potato & Cottage Cheese **V**
- 9 Jacket Potato & Chilli Con Carne

SALADS

- 10 Egg Salad **V**
- 11 Salmon Salad

SANDWICHES

- 12 -
- 13 Cheese on brown bread **V**
- 14 Cheese on white bread **V**
- 15 Chicken Mayo on brown bread
- 16 Chicken Mayo on white bread
- 17 Egg Mayo on brown bread **S** **V**
- 18 Egg Mayo on white bread **S** **V**
- 19 Ham on brown bread
- 20 Ham on white bread
- 21 Tuna Mayo on brown bread **S**
- 22 Tuna Mayo on white bread **S**

GRAVY/SAUCES Please choose one item

- 23 Gravy **S** **V**
- 24 -

POTATOES Please choose one item

- 25 Chipped Potatoes **V**
- 26 Boiled Rice **V**

VEGETABLES Please choose one item

- 27 Cabbage **V**
- 28 Side Salad **V**

DESSERTS Please choose one item

- 29 Raspberry Ripple Mousse **S**
- 30 Fresh Fruit - Pear **V**
- 31 Cheese & Biscuits **V**
- 32 Ice Cream **S** **V**
- 33 Fruit Cocktail in Natural Juice **V**
- 34 Fruit Juice **S** **V**

MODIFIED TEXTURE MEAL

If required choose one main course from below

- 35 C: Puree Cottage Pie with Potatoes & Veg
- 36 C: Puree Mediterranean Vegetable Pasta **V**
- 37 E: Fork Mashable Meal (please see separate menu) **S**

Your name

Your ward

Room

The Supper MENU

Saturday 6

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|---|---|---|
| 1 | <input type="checkbox"/> Homemade Creamy Vegetable Soup | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Cheese & Tomato Pizza | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 4 | <input type="checkbox"/> Chicken Fricasse | <input checked="" type="checkbox"/> |
| 5 | <input type="checkbox"/> Mushroom Risotto | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

JACKET POTATOES

- | | | |
|---|---|---|
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|--|---|
| 10 | <input type="checkbox"/> Chicken Salad | |
| 11 | <input type="checkbox"/> Grated Cheese Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--------------------------------|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 24 | <input type="checkbox"/> - | |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 26 | <input type="checkbox"/> Boiled Rice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

VEGETABLES Please choose one item

- | | | |
|----|-------------------------------------|---|
| 27 | <input type="checkbox"/> Carrots | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

DESSERTS Please choose one item

- | | | |
|----|---|---|
| 29 | <input type="checkbox"/> Bakewell Tart | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 30 | <input type="checkbox"/> Pears in Natural Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 31 | <input type="checkbox"/> Cheese & Biscuits | <input checked="" type="checkbox"/> |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 33 | <input type="checkbox"/> Fresh Fruit - Banana | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|---|-------------------------------------|
| 35 | <input type="checkbox"/> C: Puree Fish Pie with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Cheesy Potato Pie & Veg | <input checked="" type="checkbox"/> |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> |

Your name

Your ward

Room

The Supper MENU

Sunday 7

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|---|---|---|
| 1 | <input type="checkbox"/> Homemade Yellow Split Pea Soup | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Chicken & Sweetcorn Risotto | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 4 | <input type="checkbox"/> Fish Fingers | |
| 5 | <input type="checkbox"/> Vegetarian Shepherds Pie | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

JACKET POTATOES

- | | | |
|---|---|---|
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|---|-------------------------------------|
| 10 | <input type="checkbox"/> Salmon Salad | <input checked="" type="checkbox"/> |
| 11 | <input type="checkbox"/> Cottage Cheese & Pineapple Salad | <input checked="" type="checkbox"/> |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 24 | <input type="checkbox"/> Parsley Sauce | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Mashed Potato | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 26 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

VEGETABLES Please choose one item

- | | | |
|----|--------------------------------------|---|
| 27 | <input type="checkbox"/> Garden Peas | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

DESSERTS Please choose one item

- | | | |
|----|---|---|
| 29 | <input type="checkbox"/> Peach Flan | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 30 | <input type="checkbox"/> Stewed Apricots in Natural Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 31 | <input type="checkbox"/> Fresh Fruit - Apple | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 33 | <input type="checkbox"/> - | |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|---|-------------------------------------|
| 35 | <input type="checkbox"/> C: Puree Pork & Gravy with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Macaroni Cheese with Potatoes & Veg | <input checked="" type="checkbox"/> |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> |

Your name

Your ward

Room

The Supper MENU

Monday 8

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- 1 Homemade Creamy Mushroom Soup **S** **V**
- 2 -
- 3 Macaroni Cheese **↑** **S** **V**
- 4 Shepherds Pie **S**
- 5 Braised Pork Sausages

JACKET POTATOES

- 6 Jacket Potato & Baked Beans **V**
- 7 Jacket Potato & Cheese **↑** **V**
- 8 Jacket Potato & Cottage Cheese **V**
- 9 Jacket Potato & Chilli Con Carne

SALADS

- 10 Cottage Cheese Salad **V**
- 11 Ham Salad

SANDWICHES

- 12 -
- 13 Cheese on brown bread **V**
- 14 Cheese on white bread **V**
- 15 Chicken Mayo on brown bread
- 16 Chicken Mayo on white bread
- 17 Egg Mayo on brown bread **S** **V**
- 18 Egg Mayo on white bread **S** **V**
- 19 Ham on brown bread
- 20 Ham on white bread
- 21 Tuna Mayo on brown bread **S**
- 22 Tuna Mayo on white bread **S**

GRAVY/SAUCES Please choose one item

- 23 Gravy **S** **V**
- 24 -

POTATOES Please choose one item

- 25 Mashed Potato **S** **V**
- 26 Chipped Potatoes **↑** **V**

VEGETABLES Please choose one item

- 27 Brussel Sprouts **V**
- 28 Side Salad **V**

DESSERTS Please choose one item

- 29 Chocolate Éclair **S** **V**
- 30 Fresh Fruit - Orange **V**
- 31 Cheese & Biscuits **V**
- 32 Ice Cream **S** **V**
- 33 -
- 34 Fruit Juice **S** **V**

MODIFIED TEXTURE MEAL

If required choose one main course from below

- 35 C: Puree Chicken & Gravy with Potatoes & Veg
- 36 C: Puree Macaroni Cheese with Potatoes & Veg **V**
- 37 E: Fork Mashable Meal (please see separate menu) **S**

Your name

Your ward

Room

The Supper MENU

Tuesday 9

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | |
|---|---|---|
| 1 | <input type="checkbox"/> Homemade Lentil Soup | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 2 | <input type="checkbox"/> - | |
| 3 | <input type="checkbox"/> Chicken a la King | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 4 | <input type="checkbox"/> Cheese, Egg & Leek Pie | <input checked="" type="checkbox"/> |
| 5 | <input type="checkbox"/> Vegetable Lasagne | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

JACKET POTATOES

- | | | |
|---|---|---|
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | <input checked="" type="checkbox"/> |

SALADS

- | | | |
|----|---------------------------------------|-------------------------------------|
| 10 | <input type="checkbox"/> Salmon Salad | <input checked="" type="checkbox"/> |
| 11 | <input type="checkbox"/> Egg Salad | <input checked="" type="checkbox"/> |

SANDWICHES

- | | | |
|----|--|---|
| 12 | <input type="checkbox"/> - | |
| 13 | <input type="checkbox"/> Cheese on brown bread | <input checked="" type="checkbox"/> |
| 14 | <input type="checkbox"/> Cheese on white bread | <input checked="" type="checkbox"/> |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 19 | <input type="checkbox"/> Ham on brown bread | |
| 20 | <input type="checkbox"/> Ham on white bread | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | <input checked="" type="checkbox"/> |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | <input checked="" type="checkbox"/> |

GRAVY/SAUCES Please choose one item

- | | | |
|----|--------------------------------|---|
| 23 | <input type="checkbox"/> Gravy | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 24 | <input type="checkbox"/> - | |

POTATOES Please choose one item

- | | | |
|----|---|---|
| 25 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 26 | <input type="checkbox"/> Boiled Rice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

VEGETABLES Please choose one item

- | | | |
|----|--------------------------------------|---|
| 27 | <input type="checkbox"/> Garden Peas | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 28 | <input type="checkbox"/> Side Salad | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

DESSERTS Please choose one item

- | | | |
|----|---|---|
| 29 | <input type="checkbox"/> Madeira Cake | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 30 | <input type="checkbox"/> Pineapple Fool | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 31 | <input type="checkbox"/> Fresh Fruit - Pear | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 32 | <input type="checkbox"/> Ice Cream | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |
| 33 | <input type="checkbox"/> - | |
| 34 | <input type="checkbox"/> Fruit Juice | <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | |
|----|---|-------------------------------------|
| 35 | <input type="checkbox"/> C: Puree Cottage Pie with Potatoes & Veg | |
| 36 | <input type="checkbox"/> C: Puree Mediterranean Vegetable Pasta | <input checked="" type="checkbox"/> |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | <input checked="" type="checkbox"/> |

Your name

Your ward

Room

The Supper MENU

Wednesday 10

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- 1 Homemade Leek & Potato Soup **S** **V**
- 2 -
- 3 Fishcake **H** **S**
- 4 Cornish Pasty **H**
- 5 Mixed Bean Risotto **H** **V**

JACKET POTATOES

- 6 Jacket Potato & Baked Beans **H** **V**
- 7 Jacket Potato & Cheese **H** **V**
- 8 Jacket Potato & Cottage Cheese **H** **V**
- 9 Jacket Potato & Chilli Con Carne **H**

SALADS

- 10 Grated Cheese Salad **H** **V**
- 11 Corned Beef Salad **H**

SANDWICHES

- 12 -
- 13 Cheese on brown bread **V**
- 14 Cheese on white bread **V**
- 15 Chicken Mayo on brown bread
- 16 Chicken Mayo on white bread
- 17 Egg Mayo on brown bread **S** **V**
- 18 Egg Mayo on white bread **S** **V**
- 19 Ham on brown bread
- 20 Ham on white bread
- 21 Tuna Mayo on brown bread **S**
- 22 Tuna Mayo on white bread **S**

GRAVY/SAUCES Please choose one item

- 23 Gravy **H** **S** **V**
- 24 Parsley Sauce **H** **S** **V**

POTATOES Please choose one item

- 25 Mashed Potato **H** **S** **V**
- 26 Chipped Potatoes **H** **V**

VEGETABLES Please choose one item

- 27 Garden Peas **H** **S** **V**
- 28 Side Salad **H** **V**

DESSERTS Please choose one item

- 29 Fruit Trifle **S**
- 30 Fresh Fruit - Banana **H** **S** **V**
- 31 Ice Cream **S** **V**
- 32 Cheese & Biscuits **V**
- 33 -
- 34 Fruit Juice **H** **S** **V**

MODIFIED TEXTURE MEAL

If required choose one main course from below

- 35 C: Puree Pork & Apple Casserole with Potatoes & Veg
- 36 C: Puree Broccoli & Cauliflower Bake with Potatoes & **V**
- 37 E: Fork Mashable Meal (please see separate menu) **S**

Your name

Your ward

Room

The Supper MENU

Thursday 11

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- 1 Homemade Carrot & Coriander Soup **S** **V**
- 2 -
- 3 Minced Beef Wellington **H**
- 4 Pork Stroganoff
- 5 Vegetable Crumble **H** **V**

JACKET POTATOES

- 6 Jacket Potato & Baked Beans **H** **V**
- 7 Jacket Potato & Cheese **H** **V**
- 8 Jacket Potato & Cottage Cheese **H** **V**
- 9 Jacket Potato & Chilli Con Carne **H**

SALADS

- 10 Cottage Cheese & Pineapple Salad **V**
- 11 Tuna Salad

SANDWICHES

- 12 -
- 13 Cheese on brown bread **V**
- 14 Cheese on white bread **V**
- 15 Chicken Mayo on brown bread
- 16 Chicken Mayo on white bread
- 17 Egg Mayo on brown bread **S** **V**
- 18 Egg Mayo on white bread **S** **V**
- 19 Ham on brown bread
- 20 Ham on white bread
- 21 Tuna Mayo on brown bread **S**
- 22 Tuna Mayo on white bread **S**

GRAVY/SAUCES Please choose one item

- 23 Gravy **S** **V**
- 24 -

POTATOES Please choose one item

- 25 Chipped Potatoes **H** **V**
- 26 Boiled Rice **H** **V**

VEGETABLES Please choose one item

- 27 Broccoli **H** **V**
- 28 Side Salad **H** **V**

DESSERTS Please choose one item

- 29 Jam Doughnut **H** **S** **V**
- 30 Peaches in Natural Juice **H** **S** **V**
- 31 Fresh Fruit - Apple **H** **V**
- 32 Ice Cream **S** **V**
- 33 -
- 34 Fruit Juice **H** **S** **V**

MODIFIED TEXTURE MEAL

If required choose one main course from below

- 35 C: Puree Macaroni Cheese with Potatoes & Veg **V**
- 36 C: Puree Pork & Gravy with Potatoes & Veg
- 37 E: Fork Mashable Meal (please see separate menu) **S**

Your name

Your ward

Room

The Supper MENU

Friday 12

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- 1 Homemade Creamy Vegetable Soup ♥ S V
- 2 -
- 3 Chicken in Black Bean Sauce ♥ S
- 4 Vegetable Stir Fry ♥ V
- 5 Pork Casserole ↑ S

JACKET POTATOES

- 6 Jacket Potato & Baked Beans ♥ V
- 7 Jacket Potato & Cheese ↑ V
- 8 Jacket Potato & Cottage Cheese ♥ V
- 9 Jacket Potato & Chilli Con Carne ♥

SALADS

- 10 Salmon Salad ↑
- 11 Cottage Cheese Salad V

SANDWICHES

- 12 -
- 13 Cheese on brown bread V
- 14 Cheese on white bread V
- 15 Chicken Mayo on brown bread
- 16 Chicken Mayo on white bread
- 17 Egg Mayo on brown bread S V
- 18 Egg Mayo on white bread S V
- 19 Ham on brown bread
- 20 Ham on white bread
- 21 Tuna Mayo on brown bread S
- 22 Tuna Mayo on white bread S

GRAVY/SAUCES Please choose one item

- 23 Gravy ♥ S V
- 24 -

POTATOES Please choose one item

- 25 Chipped Potatoes ↑ V
- 26 Boiled Rice ♥ V

VEGETABLES Please choose one item

- 27 Carrots ♥ S V
- 28 Side Salad ♥ V

DESSERTS Please choose one item

- 29 Chocolate Mousse S
- 30 Yoghurt S V
- 31 Ice Cream S V
- 32 Fresh Fruit - Orange ♥ V
- 33 -
- 34 Fruit Juice ♥ S V

MODIFIED TEXTURE MEAL

If required choose one main course from below

- 35 C: Puree Mediterranean Vegetable Pasta V
- 36 C: Puree Chicken & Gravy with Potatoes & Veg
- 37 E: Fork Mashable Meal (please see separate menu) S

Your name

Your ward

Room

The Supper MENU

Saturday 13

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- | | | | |
|------------------------|---|--|--|
| 1 | <input type="checkbox"/> Homemade Yellow Split Pea Soup | | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 2 | <input type="checkbox"/> - | | |
| 3 | <input type="checkbox"/> Lamb Burger in a Bun | <input checked="" type="checkbox"/> H | |
| 4 | <input type="checkbox"/> Chicken & Sweetcorn Risotto | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S |
| 5 | <input type="checkbox"/> Vegetable Goulash & Dumplings | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| JACKET POTATOES | | | |
| 6 | <input type="checkbox"/> Jacket Potato & Baked Beans | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> V |
| 7 | <input type="checkbox"/> Jacket Potato & Cheese | <input checked="" type="checkbox"/> H | <input checked="" type="checkbox"/> V |
| 8 | <input type="checkbox"/> Jacket Potato & Cottage Cheese | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> V |
| 9 | <input type="checkbox"/> Jacket Potato & Chilli Con Carne | | <input checked="" type="checkbox"/> H |

SALADS

- | | | | |
|----|--|--|--|
| 10 | <input type="checkbox"/> Egg Salad | | <input checked="" type="checkbox"/> V |
| 11 | <input type="checkbox"/> Chicken Salad | | |

SANDWICHES

- | | | | |
|----|--|--|---|
| 12 | <input type="checkbox"/> - | | |
| 13 | <input type="checkbox"/> Cheese on brown bread | | <input checked="" type="checkbox"/> V |
| 14 | <input type="checkbox"/> Cheese on white bread | | <input checked="" type="checkbox"/> V |
| 15 | <input type="checkbox"/> Chicken Mayo on brown bread | | |
| 16 | <input type="checkbox"/> Chicken Mayo on white bread | | |
| 17 | <input type="checkbox"/> Egg Mayo on brown bread | | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 18 | <input type="checkbox"/> Egg Mayo on white bread | | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 19 | <input type="checkbox"/> Ham on brown bread | | |
| 20 | <input type="checkbox"/> Ham on white bread | | |
| 21 | <input type="checkbox"/> Tuna Mayo on brown bread | | <input checked="" type="checkbox"/> S |
| 22 | <input type="checkbox"/> Tuna Mayo on white bread | | <input checked="" type="checkbox"/> S |

GRAVY/SAUCES Please choose one item

- | | | | |
|----|--------------------------------|--|--|
| 23 | <input type="checkbox"/> Gravy | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 24 | <input type="checkbox"/> - | | |

POTATOES Please choose one item

- | | | | |
|----|---|--|--|
| 25 | <input type="checkbox"/> Mashed Potato | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 26 | <input type="checkbox"/> Chipped Potatoes | <input checked="" type="checkbox"/> H | <input checked="" type="checkbox"/> V |

VEGETABLES Please choose one item

- | | | | |
|----|--------------------------------------|--|--|
| 27 | <input type="checkbox"/> Garden Peas | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 28 | <input type="checkbox"/> Side Salad | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> V |

DESSERTS Please choose one item

- | | | | |
|----|---|--|--|
| 29 | <input type="checkbox"/> Shortbread | | <input checked="" type="checkbox"/> V |
| 30 | <input type="checkbox"/> Ice Cream | | <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |
| 31 | <input type="checkbox"/> Fresh Fruit - Pear | <input checked="" type="checkbox"/> H | <input checked="" type="checkbox"/> V |
| 32 | <input type="checkbox"/> Cheese & Biscuits | | <input checked="" type="checkbox"/> V |
| 33 | <input type="checkbox"/> - | | |
| 34 | <input type="checkbox"/> Fruit Juice | | <input checked="" type="checkbox"/> H <input checked="" type="checkbox"/> S <input checked="" type="checkbox"/> V |

MODIFIED TEXTURE MEAL

If required choose one main course from below

- | | | | |
|----|---|--|--|
| 35 | <input type="checkbox"/> C: Puree Pork & Gravy with Potatoes & Veg | | |
| 36 | <input type="checkbox"/> C: Puree Cheesy Omelette, Mash & Beans | | <input checked="" type="checkbox"/> V |
| 37 | <input type="checkbox"/> E: Fork Mashable Meal (please see separate menu) | | <input checked="" type="checkbox"/> S |

Your name

Your ward

Room

The Supper MENU

Sunday 14

Please place a cross **X** in the box next to your choice

DIET CODES

- Healthier Eating
- Higher Energy
- Easily Chewed
- Vegetarian

Please select only dishes suitable for your diet

MAIN COURSES Please choose only one item (1 - 22)

- 1 Homemade Creamy Mushroom Soup **S** **V**
- 2 -
- 3 Salmon Fishcake **H** **S**
- 4 Quiche Lorraine **H**
- 5 Mixed Bean Risotto **H** **V**

JACKET POTATOES

- 6 Jacket Potato & Baked Beans **H** **V**
- 7 Jacket Potato & Cheese **H** **V**
- 8 Jacket Potato & Cottage Cheese **H** **V**
- 9 Jacket Potato & Chilli Con Carne **H**

SALADS

- 10 Salmon Salad **H**
- 11 Grated Cheese Salad **H** **V**

SANDWICHES

- 12 -
- 13 Cheese on brown bread **V**
- 14 Cheese on white bread **V**
- 15 Chicken Mayo on brown bread
- 16 Chicken Mayo on white bread
- 17 Egg Mayo on brown bread **S** **V**
- 18 Egg Mayo on white bread **S** **V**
- 19 Ham on brown bread
- 20 Ham on white bread
- 21 Tuna Mayo on brown bread **S**
- 22 Tuna Mayo on white bread **S**

GRAVY/SAUCES Please choose one item

- 23 Gravy **H** **S** **V**
- 24 Parsley Sauce **H** **S** **V**

POTATOES Please choose one item

- 25 Mashed Potato **H** **S** **V**
- 26 Chipped Potatoes **H** **V**

VEGETABLES Please choose one item

- 27 Garden Peas **H** **S** **V**
- 28 Side Salad **H** **V**

DESSERTS Please choose one item

- 29 Carrot Cake **V**
- 30 Fresh Fruit - Banana **H** **S** **V**
- 31 Ice Cream **S** **V**
- 32 Cheese & Biscuits **V**
- 33 -
- 34 Fruit Juice **H** **S** **V**

MODIFIED TEXTURE MEAL

If required choose one main course from below

- 35 C: Puree Pork & Apple Casserole with Potatoes & Veg
- 36 C: Puree Macaroni Cheese with Potatoes & Veg **V**
- 37 E: Fork Mashable Meal (please see separate menu) **S**

Your name

Your ward

Room

Dear Patient

YOUR MENU

The catering team hope that you will enjoy your meals during your stay with us.

Our aim is to provide you with good, nutritious food.

If you wish to speak to a member of the catering team please ask a nurse to arrange it.

Bernadette Baxter Catering Manager



Please remember to wash your hands before meal times.

Please feel free to ask the nursing staff if you require any assistance.

How to fill in your menu card

During your stay with us you will be given a separate menu card to complete for each meal. Make your choice by placing a cross in the box next to one item in each section. Mark the boxes for gravy or sauces only if you want them.

Please do not fill in this card if you are going to theatre or will be discharged prior to it being served.

Need help?

If you need help, a large print copy or a translation please ask your nurse.

Dietary Information

If you have been told to follow a specific diet, look for the symbol on the menu next to the dish.

Explanations of the dietary symbols are listed below. This dietary information is provided for guidance only, is based on standard portion sizes and should be used at your discretion.

The Trust Nutrition Policy is available on request from a member of the nursing staff.

- 🍏 Healthier Eating option - limited in fat and salt (and desserts limited in sugar).
- ⬆️ Higher Energy option - suitable for those whose appetite may be poor and need extra calories.
- 🍷 Softer option - for meals which are easier to chew.
- 🌿 Vegetarian option.

Special diets for cultural, gluten free, vegan, fork mashable, and allergy diets are available; please ask ward staff for a separate menu.

The 'Modified Texture C' and 'Modified Texture E' meals may be selected for patients with swallowing difficulties - if you are not sure, please ask the nursing staff.

Becketts restaurant

Mon - Fri

Breakfast 7.30am – 11.15am Lunch 11.30am – 2.30pm

Afternoon service 2.30pm – 7.30pm continues in Café Qualita

Sat - Sun

Breakfast 7.30am – 11.15am

Afternoon service 11.15am – 7.30pm continues in Café Qualita

Café Qualita

Mon – Fri open 8:00am – 7:30pm

8:00am – 2:30pm offering Costa Coffee, assorted cakes and snacks.

2:30pm – 7:30pm offering Costa Coffee, assorted cakes, a range of sandwiches and hot snacks.

Sat – Sun open 11.15am – 7.30pm

offering Costa Coffee, assorted cakes, a range of sandwiches and hot snacks.